

# 运动医学论坛

## Sports Medicine Forum

日期：2017年9月9日下午

Date: P.M. , September 9, 2017 (Saturday)

地点：西安曲江国际会议中心 三层311

Place: Room 311, 3/F, Xi'an Qujiang international conference center

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| 13:50-14:00 | 开幕式及合影<br>Opening ceremony and Group photo                                             |                                                                                                            | 主持人：郑江<br>Moderator: Jiang Zheng                              |
| 14:00-15:30 | 第一节：肩关节不稳诊疗<br>Section1：Instability of the shoulder                                    | 主持人：向明 徐虎 康汇<br>Moderators: Ming Xiang, Hu Xu, Hui Kang                                                    |                                                               |
| 时 间<br>Time | 题 目<br>Topic                                                                           | 讲 者<br>Speaker                                                                                             | 单 位<br>Institution                                            |
| 14:00-14:20 | 肩关节多向不稳的诊治<br>Diagnosis and treatment for multidirectional instability of the shoulder | 殷琦<br>Qi Yin                                                                                               | 英国利物浦大学附属皇家医院<br>Royal Liverpool University Hospital , UK     |
| 14:20-14:40 | Latarjet：从切开到镜下<br>Latarjet：From open operation to arthroscopy                         | 姜春岩<br>Chunyan Jiang                                                                                       | 北京积水潭医院<br>Beijing Ji Shui Tan Hospital, China                |
| 14:40-15:00 | 肩关节前向不稳的处理：我的经验<br>Treatment for anterior shoulder instability: my experience          | 向明<br>Ming Xiang                                                                                           | 四川省骨科医院<br>Sichuan Provincial Orthopedic Hospital             |
| 15:00-15:10 | 病例讨论<br>Case discussion                                                                | 李剑<br>Jian Li                                                                                              | 西安交通大学附属红会医院<br>Red Cross Hospital, Xi'an Jiaotong University |
| 15:10-15:20 | 讨 论<br>Discussion                                                                      | 讨论嘉宾：殷琦 姜春岩 向明 张磊 徐虎 李红川<br>Discussion guests：Qi Yin,Chunyan Jiang,Ming Xiang,Lei Zhang,Hu Xu,Hongchuan Li |                                                               |
| 15:20-15:30 | 茶 歇 Coffee Break                                                                       |                                                                                                            |                                                               |

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| 15:30-17:20 | 第二节：肩袖损伤治疗<br>Section2：Treatment of rotator cuff injury                                                             | 主持人：姜春岩 丁勇 李红川<br>Moderators: Chunyan Jiang, Yong Ding, Hongchuan Li                                                 |                                                                                      |
| 15:30-15:50 | 反肩关节置换<br>Reverse total shoulder arthroplasty                                                                       | 殷琦<br>Qi Yin                                                                                                         | 英国利物浦大学附属皇家医院<br>Royal Liverpool University Hospital , UK                            |
| 15:50-16:10 | 关节镜下肩袖修复手术中意外情况的防范与处理<br>Prevention and treatment for unexpected situation of rotator cuff repair under arthroscopy | 张磊<br>Lei Zhang                                                                                                      | 中国中医科学院望京医院<br>Wangjing Hospital, Chinese Academy of Chinese Medical Sciences, China |
| 16:10-16:30 | 肩峰下手术的术后MRI表现<br>MRI after Arthroscopic Subacromial surgery                                                         | 印钰<br>Yu Yin                                                                                                         | 北京大学第三医院<br>Peking University Third Hospital                                         |
| 16:30-16:50 | 特殊类型肩袖损伤的治疗<br>Treatment for special types of rotator cuff tear                                                     | 康汇<br>Hui Kang                                                                                                       | 西安交通大学附属红会医院<br>Red Cross Hospital, Xi'an Jiaotong University                        |
| 16:50-17:00 | 病例讨论一<br>Case discussion                                                                                            | 王涛<br>Tao Wang                                                                                                       | 西安交通大学附属红会医院<br>Red Cross Hospital, Xi'an Jiaotong University                        |
| 17:00-17:10 | 讨 论<br>Discussion                                                                                                   | 讨论嘉宾：姜春岩 丁勇 时志斌 阮文辉 窦榆生<br>Discussion guests：Chunyan Jiang,Yong Ding,Zhibin Shi,Wenhui Ruan,Yusheng Dou,Hongchuan Li |                                                                                      |
| 17:10-17:20 | 茶 歇 Coffee Break                                                                                                    |                                                                                                                      |                                                                                      |
| 17:20-18:40 | 第三节：髋 踝关节微创诊疗<br>Section3：Arthroscope of Hip and Ankle                                                              | 主持人：徐雁 王雪松 刘阳<br>Moderators: Yan Xu, Xuesong Wang, Yang liu                                                          |                                                                                      |
| 17:20-17:35 | 髋关节滑膜软骨瘤病<br>Synovial chondromatosis of Hip                                                                         | 徐雁<br>Yan Xu                                                                                                         | 北京大学第三医院<br>Peking University Third Hospital                                         |

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| 17:35-17:50 | 髌关节撞击症的诊疗策略<br>Diagnosis and treatment of FAI                    | 徐雁<br>Yan Xu                                                       | 北京大学第三医院<br>Peking University Third Hospital                  |
| 17:50-18:05 | 踝关节不稳的诊疗<br>Diagnosis and treatment of Ankle instability         | 王雪松<br>Xuesong Wang                                                | 北京积水潭医院<br>Beijing Ji Shui Tan Hospital, China                |
| 18:05-18:20 | 髌关节孟唇损伤的诊断及修复技术<br>Diagnosis and repairment of the labrum in hip | 王雪松<br>Xuesong Wang                                                | 北京积水潭医院<br>Beijing Ji Shui Tan Hospital, China                |
| 18:20-18:30 | 病例讨论<br>Case discussion                                          | 刘阳<br>Yang Liu                                                     | 西安交通大学附属红会医院<br>Red Cross Hospital, Xi'an Jiaotong University |
| 18:30-18:40 | 讨 论<br>Discussion                                                | 讨论嘉宾：徐雁 王雪松 刘阳<br>Discussion guests : Yan Xu,Xuesong Wang,Yang Liu |                                                               |
| 18:40-20:00 | 晚 餐 Dinner                                                       |                                                                    |                                                               |

## 运动医学论坛 Sports Medicine Forum

日期：2017年9月10日上午

地点：西安曲江国际会议中心 三层311

Date: A.M. , September 10, 2017 (Sunday)  
center

Place: Room 311, 3/F, Xi'an Qujiang international conference center

| 08:00-09:30 | 第一节：膝关节韧带损伤<br>Section1 : Ligament damagement of knee                                                                                          | 主持人：胡勇 张磊 张春礼<br>Moderators: Yong Hu, Lei Zhang, Chunli Zhang |                                                   |
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| 时 间<br>Time | 题 目<br>Topic                                                                                                                                   | 讲 者<br>Speaker                                                | 单 位<br>Institution                                |
| 08:00-08:15 | 用“四格法”检验基于带状结构之前交叉韧带股骨隧道定位<br>Detection of femoral tunnel location of ACL reconstruction based on ribbon structure by " four - lattice method" | 胡勇<br>Yong Hu                                                 | 四川省骨科医院<br>Sichuan Provincial Orthopedic Hospital |

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| 08:15-08:30 | 内侧韧带损伤的诊断及治疗<br>Diagnosis and treatment of MCL                                                                             | 印钰<br>Yu Yin                                                                                                 | 北京大学第三医院<br>Peking University Third Hospital                                         |
| 08:30-08:45 | ACL重建术中股骨隧道blow out的发现及对策<br>The discovery and countermeasures of the blow out of femoral tunnel during ACL reconstruction | 张春礼<br>Chunli Zhang                                                                                          | 西京医院<br>Xijing Hospital                                                              |
| 08:45-09:00 | 后交叉韧带损伤的诊断与治疗<br>Diagnosis and treatment of posterior cruciate ligament injury                                             | 凌鸣<br>Ming Ling                                                                                              | 陕西省人民医院<br>Shanxi Provincial People's Hospital                                       |
| 09:00-09:15 | "Airpost"技术重建后交叉韧带<br>The technique of "Airpost" in PCL reconstruction                                                     | 张磊<br>Lei Zhang                                                                                              | 中国中医科学院望京医院<br>Wangjing Hospital, Chinese Academy of Chinese Medical Sciences, China |
| 09:15-09:25 | 病例讨论<br>Case discussion                                                                                                    | 张宪<br>Xian Zhang                                                                                             | 西安交通大学附属红会医院<br>Red Cross Hospital, Xi'an Jiaotong University                        |
| 09:25-09:35 | 讨 论<br>Discussion                                                                                                          | 讨论嘉宾：印钰 张春礼 胡勇 凌鸣 张春礼 张磊 张宪<br>Discussion guests：Yu Yin,Ming Ling.,Chunli Zhang,Yong Hu,Lei Zhang,Xian Zhang |                                                                                      |
| 09:35-09:45 | 茶 歇 Coffee Break                                                                                                           |                                                                                                              |                                                                                      |
| 09:45-11:15 | 第二节：半月板及关节软骨损伤<br>Section2：Meniscus and articular cartilage injury                                                         | 主持人：丁勇 时志斌 周伟<br>Moderators: Yong Ding, Zhibin Shi, Wei Zhou                                                 |                                                                                      |
| 09:45-10:00 | 关节软骨损伤的MRI检查<br>MRI inspection of articular cartilage injury                                                               | James Griffith                                                                                               | 香港中文大学<br>The Chinese University of Hong Kong                                        |

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| 10:00-10:15 | 半月板——把根留住<br>Meniscus - Retention of the roots                                           | 徐虎<br>Hu Xu                                                                                                                         | 西京医院<br>Xijing Hospital                                                              |
| 10:15-10:30 | 关节软骨损伤的现代治疗<br>Progress in the treatment of articular cartilage injury                   | 丁勇<br>Yong Ding                                                                                                                     | 唐都医院<br>Tangdu Hospital                                                              |
| 10:30-10:45 | 半月板撕裂的关节镜下修复缝合技术<br>Repair of suture technique in meniscus tear                          | 时志斌<br>Zhibin Shi                                                                                                                   | 西安交通大学第二附属医院<br>The Second Affiliated Hospital of Xi'an Jiao Tong University , China |
| 10:45-10:55 | 病例讨论<br>Case discussion                                                                  | 周伟<br>Wei Zhou                                                                                                                      | 西安交通大学附属红会医院<br>Red Cross Hospital, Xi'an Jiaotong University                        |
| 10:55-11:05 | 讨 论<br>Discussion                                                                        | 讨论嘉宾：James Griffith 胡勇 张磊 徐虎 丁勇 时志斌 周伟<br>Discussion guests：James Griffith, Yong Hu, Lei Zhang, Hu Xu,Yong Ding,Zhibin Shi,Wei Zhou |                                                                                      |
| 11:05-11:15 | 茶 歇 Coffee Break                                                                         |                                                                                                                                     |                                                                                      |
| 11:15-12:10 | 第三节：髌骨脱位<br>Section3： Patella Dislocation                                                | 主持人：夏亚一 张朝 郑江<br>Moderators：Yayi Xia,Zhao Zhang,Jiang Zheng                                                                         |                                                                                      |
| 11:15-11:30 | 完美的腘绳肌腱<br>Perfect hamstring tendon                                                      | 夏亚一<br>Yayi Xia                                                                                                                     | 兰州大学第二附属医院<br>The Second Affiliated Hospital of Lanzhou University, China            |
| 11:30-11:45 | 习惯性髌骨脱位——手术是必须的吗？<br>Habitual patellar dislocation--is it necessary to accept operation? | 郑江<br>Jiang Zheng                                                                                                                   | 西安交通大学附属红会医院<br>Red Cross Hospital, Xi'an Jiaotong University                        |

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| 11:45-12:00 | MPFL重建治疗复发性髌骨脱位经验分享<br>MPFL reconstruction experience in treatment of recurrent patellar dislocation | 张朝<br>Zhao Zhang                                                                      | 兵器工业521医院<br>The 521 Hospital of the China North Industries Group |
| 12:00-12:10 | 病例讨论<br>Case discussion                                                                              | 张亮<br>Liang Zhang                                                                     | 西安交通大学附属红会医院<br>Red Cross Hospital, Xi'an Jiaotong University     |
| 12:10-12:20 | 讨 论<br>Discussion                                                                                    | 讨论嘉宾：夏亚一 张朝 郑江 张亮<br>Discussion guests : Yayi Xia ,Zhao Zhang,Jiang Zheng,Liang Zhang |                                                                   |
| 12:20-12:30 | 运动医学论坛总结<br>Summary                                                                                  | 郑江<br>Jiang Zheng                                                                     | 西安交通大学附属红会医院<br>Red Cross Hospital, Xi'an Jiaotong University     |
| 12:30-14:00 | 午 餐 Lunch                                                                                            |                                                                                       |                                                                   |